

## **Officium Parvum Sacratissimi Cordis Iesu** **Little Office of the Sacred Heart of Jesus**

There are several Little Offices of the Sacred Heart. This particular one is taken from prayer books of the 20th century and is based largely upon the Office assembled in the 17th century by Fr. Croiset. The texts of the prayers and hymns themselves originate from Fr. Eudes, Fr. Gallifet, and Fr. Croiset.

### **Ordinaria**

### **Start of all the Hours**

#### **Ad Matutinum**

#### **At Matins only**

**V.** Domine labia mea aperies.  
**R.** Et os meum annuntiabit laudem tuam.

**V.** O Lord, open my lips.  
**R.** And my mouth will announce Thy praise.

#### **Ad Horas Omnes**

#### **At all the Hours**

**V.** Deus in adiutorium meum intende.  
**R.** Domine ad adjuvandum me festina.

**V.** O God, come to my aid.  
**R.** O Lord, make haste to help me.

**V.** Gloria Patri, et Filio, et Spiritui Sancto.

**V.** Glory be to the Father, and to the Son, and to the Holy Spirit.

**R.** Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Alleluja\*.

**R.** As it was in the beginning, is now, and ever shall be, world without end. Alleluia\*.

**\*A Septuagesima usque ad Pascha, loco Alleluja, dicitur:**

**\*During Lent until Easter, instead of the Alleluia the following is said:**

Laus tibi, Domine, Rex aeternae gloriae.

Praise to Thee, O Lord, King of everlasting glory.

**V.** Cor Jesu, flagrans amore nostri.  
**R.** Inflamma cor nostrum amore tui.

**V.** Heart of Jesus, flaming with love of us.  
**R.** Inflame our hearts with love of Thee.

### **Ad Matutinum**

### **At Matins**

CAELESTIS aulae gaudium,  
splendor paternae gloriae,  
carnem benignus induens,  
nobis fores ut hostia.

Jesu, voluptas cordium,  
cor ure sacris ignibus,  
dignis ut ornem laudibus  
Cordis tui sacrarium.

Cor dulce, Cor amabile,  
amore nostri fervidum,  
amore nostri languidum,  
fac sis mihi placabile.

Cor Jesu, o melle dulcius,  
puris amicis mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Jesu, Patris  
voluntati obsequentissimum,  
inclina ad Te corda nostra, ut quae  
placita sunt ei faciamus semper.

### **Ad Laudes**

COR digna sedes Numine,  
Te sacra virtus Flaminis,  
Illapsa in alvum Virginis,  
Puro creavit sanguine.

Tu Trinitatis gloria,  
in te Patris sunt gaudia,  
jungit tibi se Filius,  
in te quiescit Spiritus.

Orbi salus tu perditio,  
secura pax fidelium,

O JOY of the court of heaven,  
Splendor of the Father's glory,  
Graciously did you put on our flesh  
In order to be a Victim for us.

O Jesus, all hearts' Delight,  
Inflame my heart with your sacred  
fires,  
That I may with worthy praise adorn  
The sanctuary of your Heart.

Loving Heart, lovable Heart,  
On fire with love of us,  
Exhausted with love of us,  
Be merciful to me.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacred Heart of Jesus, most  
obedient to the will of the Father,  
incline our hearts to Thee, that we  
may always do what is most  
pleasing to Him.

### **At Laudes**

HEART, worthy Throne of Godhead,  
Thou didst the sacred power of the Holy  
Spirit,  
Coming upon the Virgin's womb,  
Make of her pure blood.

Thou art the glory of the Trinity;  
In Thee art all the Father's joys,  
The Son united himself to Thee,  
On Thee the Spirit rests.

Thou art a lost world's Salvation,  
Imperturbable Peace of the faithful,

puris asyllum mentibus,  
castis recessus cordibus.

Cor Iesu, o melle dulcius,  
puris amicum mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Iesu, salutis  
nostrae sitientissimum, revoca nos  
praevaricatores ad Cor, ut non  
moriatur in peccatis nostris.

### **Ad Primam**

O COR amoris victima,  
caeli perenne gaudium,  
mortalium solatium,  
mortalium spes unica.

Grandi reclusum vulnere,  
amor dedit te pervium,  
amor reclusit ostium,  
hortatur et pervadere.

Quos abluisti Sanguine,  
venis apertis omnibus,  
nos intimis recessibus  
semel receptos contine.

Cor Iesu, o melle dulcius,  
puris amicum mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Iesu, puritatis  
exemplar perfectissimum, fac nos  
corde mundo, ut secundum te  
inveniri mereamur.

A Resting-place for minds that are  
pure,  
A Refuge for hearts that are chaste.

Heart of Jesus, sweeter than honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of all.  
Amen.

**Ant.** O sacred Heart of Jesus, most  
eager for our salvation, draw us  
sinners back to Thy Heart, that we  
may not die in our sins.

### **At Prime**

O HEART, Victim of love,  
Everlasting Joy of heaven,  
Comfort of mortal man,  
Sole Hope of the human race.

With a deep wound,  
Love opened a pathway to you,  
Opened a door,  
And Love urges us to enter.

With opened veins,  
Thou washed us in your blood,  
Do Thou, then, receive us,  
And keep us deep within Thee.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacred Heart of Jesus, most  
perfect example of purity, create a  
clean heart in us that we may be  
worthy to be found near unto  
Thee.

### **Ad Tertiam**

O COR amore saucium,  
amore corda saucia:  
vitale nectar Caelitum,  
amore nos inebria.

Novo Deus mysterio,  
Carnem suam dat pabulum  
et Sanguinem dat poculum  
mirabili in convivio.

Quem proni adorant Angeli,  
sub mystico velamine,  
Divinitatis temperans  
lumen, fit esca servulis.

Cor Jesu, o melle dulcius,  
puris amicis mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Jesu, in hostes  
tuos mitissimum, exsultet pax tua  
in cordibus nostris, ut  
persequentibus et calumniantibus  
nos remittamus de cordibus  
nostris.

### **Ad Sextam**

COR ara caelo celsior,  
terris marique latior,  
quas ante non exceperis,  
Deus repellit hostias.

Hic sacra virtutum cohors,  
custos comesque candidae  
fidelis innocentiae,

### **At Terce**

O HEART, wounded by love,  
Wound all hearts with love of  
Thee.  
O life-giving and heavenly Wine,  
Inebriate our hearts with love.

God, in a new mystery,  
Gives us His Flesh to eat and,  
In a wondrous banquet,  
His Blood to drink.

He whom the angels, bent low,  
adore,  
Shrouds the light of His Divinity  
Under a mystic veil and becomes  
The food of little ones.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacred Heart of Jesus, most  
gentle with Thy enemies, may Thy  
peace rise in our hearts that we  
may forgive from our hearts those  
persecuting us.

### **At Sext**

HEART, Altar loftier than the  
heavens,  
Wider than land and sea:  
Unless they be laid upon Thee,  
God will accept no sacrifices.

In Thee, as on a throne,  
All virtues reign,  
And Thou art the Companion and

in sede regnat propria.

Guardian  
Of fidelity and of innocence.

Hoc jura quae mundum regant,  
volvuntur alto pectore;  
hoc fonte, quae mentes beent,  
manant fluenta gratiae.

In this deep Heart are found the  
laws  
which govern the world;  
from this Fountain flow the  
streams of grace  
which make blessed the hearts of  
men.

Cor Jesu, o melle dulcius,  
puris amicis mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacrum Cor Iesu, pro  
peccatis nostris afflictissimum, da  
nobis cor contritum et  
humilitatum, ut dignos  
paenitentiae fructus faciamus.

**Ant.** O sacred Heart of Jesus, most  
afflicted on account of our sins,  
grant to us a humble and contrite  
heart, that we may bear fruits  
worthy of repentance.

### **Ad Nonam**

### **At Nones**

COR sole puro purius,  
Templumque caelo dignius,  
Verbi Dei sacrarium,  
Opum Dei compendium.

O HEART, purer than the sun,  
Temple of more worth than the  
heavens,  
Sanctuary of the Word of God,  
Sum of all the riches of God.

Ex te quot actus prodeunt,  
tot digna Patre munera;  
quot vota fundis, tot Pater  
hustis rependit praemiis.

Thy every act is an offering  
worthy of the Father,  
and, at Thy every prayer,  
the Father pours out graces on the  
just.

Vindex reis irascitur  
Deus, sed ut te respicit,  
placatus iras abjicit  
et fulmen obliviscitur.

Justly angered by our sins,  
God yet puts aside His wrath,  
Forgets His chastisements,  
When he looks upon Thee.

Cor Jesu, o melle dulcius,

Heart of Jesus, sweeter than

puris amicum mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Jesu,  
paupertatis amantissimum, pone  
nos ut signaculum super te, ut in  
te, unico thesauro nostro, totum  
sit cor nostrum.

### **Ad Vesperas**

O COR, Deo par victima,  
altare sacratissimum,  
in quo perennis hostia  
culpae piat mortalium.

Nidus gementis turturis,  
gratum columbis pabulum,  
hortus refulgens floribus,  
sponsae quies et lectulus.

Hic casta spirant lilia,  
quibus nitescent Virgines,  
hic, unde splendent Martyres,  
rosae rubescit purpura.

Cor Jesu, o melle dulcius,  
puris amicum mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O sacrum Cor Jesu,  
diligentibus te beneficentissimum,  
deficiat in te caro nostra et cor  
nostrum, ut sis amor cordis nostri  
et pars nostra in aeternum.

honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacred Heart of Jesus, most  
loving of the poor, place us as a  
seal upon Thee, that in Thee, our  
only treasure, may our whole heart  
always be.

### **At Vespers**

O HEART, Victim worthy of God,  
Most holy Altar  
On which an eternal Victim  
Expiates the sins of men.

Nest of the sorrowing turtle-dove,  
Food desired by every dove,  
Garden abounding with flowers,  
Rest and Couch of the spouse.

Here breathe the chaste lilies  
With which the virgins are  
resplendent;  
Here grow the red roses  
Which empurple the martyrs.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O sacred Heart of Jesus, most  
gracious to those who love Thee,  
may our heart and flesh faint in  
Thee, that Thou mayest be the  
love of our heart and our portion  
in eternity.

## **Ad Completorium**

COR matris ad cor Filii  
amoris ardens impetu,  
indesinente anhelitu  
suspirat, oblitum sui.

Utrumque amoris vinculo  
nexu perenni jugiter:  
hoc ardet hujus ignibus  
ignemque reddit aemulum.

Cor Jesu, o melle dulcius,  
puris amicis mentibus,  
puris amandum cordibus,  
in corde regnes omnium. Amen.

**Ant.** O Victima caritatis, Cor  
amantissimum Iesu, pro peccatis  
nostris immolatum, ab ingratis  
hominibus neglectum et afflictum,  
converte nos, vivifica nos, accende  
nos.

## **Conclusio Horae**

**V.** Paratum cor meum, Deus cordis  
mei, ut faciam voluntatem tuam.

**R.** Deus meus, volui, et legem  
tuam in medio cordis mei.

Oremus:  
Domine Jesu, qui ineffabiles Cordis  
tui dulcedines ac divitias  
Ecclesiae, Sponsae tuae, singulari  
dilectione aperire dignatus es:  
concede nobis famulis tuis, ut  
gratiis caelestibus ex hoc  
dulcissimo fonte manantibus ditari

## **At Compline**

The Mother's heart burns with  
love  
For the heart of the Son,  
Panting unceasingly  
It sighs, forgetful of itself.

The chains of love bind each  
Perpetually to the other:  
This heart burns with the other's  
fire  
and returns a fire in kind.

Heart of Jesus, sweeter than  
honey,  
Friend of pure minds,  
Loved by pure hearts,  
May Thou reignest in the hearts of  
all. Amen.

**Ant.** O Victim of love, most loving  
Heart of Jesus, sacrificed for our  
sins, afflicted and neglected by an  
ungrateful mankind, convert us,  
give us life, inflame us with Thy  
love.

## **Conclusion of the above Hours**

**V.** My heart is ready, O God of my  
heart, that I may do Thy will.

**R.** My God, I have desired Thy  
Law in the depths of my heart.

Let us pray:  
Lord Jesus, Who hast deigned to  
open by Thy special love the  
unutterable goodness and riches  
of Thy Heart to Thy Bride, the  
Church: grant to us, Thy servants,  
that we may merit to be enriched  
and refreshed by Thy heavenly

et recreari mereamur. Qui vivis et  
regnas in saecula saeculorum.  
Amen.

graces, flowing from this sweetest  
of fountains. Thou who livest and  
reignest forever and ever. Amen.